



e-Newsletter November 2008

Please take the time to consider this months special – it's a **wonderful mixed selection for Christmas and the festive season and you will be delighted.**

In this issue -

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- **WIN Tickets to Devonport Food, Wine & Music Festival**



\$60 SAVING on the ultimate festive wine sampler 12 pack of 2008!

[Click here](#) to see the selection which will delight you. **All of them will suit Christmas day** and other special occasions. We have, from fabulous rich aperitifs and dessert wines, a unique low-alcohol sparkling Rosé, a Sauv Blanc blend with added complexity you must try, heart healthy wines from new appellations using different grape varieties, to an exquisite wine liqueur as the perfect finish to a festive lunch or dinner. **Without question these are quality French wines.**

New wines for Christmas 2008 and summer

Our **new and diverse range of wines from South-West France** have something for everyone. These really are great wines that you should experience.

Out Now CLICK HERE

New for summer & Christmas

- Fabulous wines for gifts & festivities
- ♥ New Heart Healthy & food friendly wines
- Reds & whites from other French appellations

Flambant - Sensational, festive, low-alcohol, sparkling Rosé

All purchasers in November are in the draw to **WIN a ticket to the Devonport Food, Wine & Music Festival**. 3 ticket prizes to be won. You could even **win a car!**

If you have not experienced our [exceptionally HEART HEALTHY French red wines](#) before then now is the time. Our customer's testimonials support the research - LOWER BLOOD PRESSURE.

Live Better ... Live Longer

Jump to www.lifestylewines.co.nz for the

WORLDS MOST POTENT WINES THAT PROTECT AGAINST HEART DISEASE

Corporate Wine Gifts - Staff & Customers

We would love to help with your corporate Christmas gifts for customers and staff. Our wines are unique and there is something to suit all tastes in our catalogue. Please call Rob on 021 745203 to discuss and for a quote. We can print your logo on a range of different gift boxes.

SAVE \$60 on the ULTIMATE FESTIVE wine sampler pack of 2008

~~Was \$370~~

Now \$310

[See it here & Buy now](#)

12 diverse wines from the South-West of France. All top producers and an exciting range of wines, most of which you probably have not tried before. **Don't be scared of the unknown - these are great wines and conversation starters.** Make your Christmas day and festivities a little different in the wine department this year. You will be delighted.

The wines include -

A rich aperitif/dessert wine that's also great with blue cheeses.

A unique low-alcohol, sweet (chill it well) sparkling Rosé - divine with added ice and a slice of lemon.

A Sauv Blanc / Gros Manseng blend with added complexity you must try.

6 heart healthy, food friendly reds from appellations Madiran, Cahors & Fronton.

A wine liqueur as the perfect finish to a festive lunch or dinner.

10% Discount Program

With Lifestylewines there is NO JOINING FEE and NO TIME LIMITS for our discount plan.

Join our regular purchaser program and receive 10% discount on every delivery. For your convenience we will ship an order as regularly as suits you and charge your credit card automatically. Either define your selection or discuss with us how we can deliver a varied selection each order that suits your budget.

Devonport Food, Wine & Music Festival

Buy wine in Nov, Win a festival ticket and maybe WIN a car!

All purchasers in October and November will be in the draw to win one of three passes to the festival. PLUS, only these pre-purchase tickets also qualify for the festival draw to **win a brand new KIA Picanto**

Sport car, or a **trip for 2 to Sonasali Resort Fiji**, or a **37" LCD LG TV**. You don't have to attend the festival to win prizes.

The festival is a major charity fund raiser for the Devonport Rotary Club.

Since its inception by the Devonport Rotary Club in 1990 the festival has entertained and hosted over 200,000 people and **raised almost \$2 million for charity**. In 2009 **Youthline** is the main recipient of funds from the event. Now in its 20th year the festival is once again looking to continue its success and is proud to announce the best line up of entertainers, wineries, eateries and guest chefs yet. See the [festival web site](#) for details and terms and conditions.

The festival is held on Sat & Sun, Feb 21 & 22, 2009. Rob Lauder is proud to be a member of Devonport Rotary.



Wise Woman



Charlotte Whitton, was a Canadian feminist and mayor of Ottawa in the 1950 & 60s. She became well known for her assertiveness and for her vicious wit with which many male colleagues were attacked. She famously said'

"Whatever women do they must do twice as well as men to be thought half as good. Luckily, this is not difficult."

The photo is Charlotte in her mayoral attire.

Polypill trials begin in NZ

The press has this week publicized a new trial in NZ looking at a single pill to prevent cardiovascular disease. The pilot trial is of a single pill which combines four drugs that each reduces cardiovascular risk factors. Made in India, the "polypill" would contain aspirin, a cholesterol-lowering statin, a diuretic and a beta blocker.

If the Government agrees to fund the trial of the pill New Zealand patients may be the first in the world to take a new polypill designed to prevent heart attacks and strokes. Heart disease kills more than 7800 people a year in NZ and strokes more than 2800.

It's interesting to note that by consuming high natural doses of Procyanidins in foods and the most concentrated wines, the same outcome is achieved as they hope to with the drugs. Professor Corder's research and population studies have determined this. It is suggested by Prof Corder that our changing diet has significantly reduced the protective levels we consume from what it was in the past. Think about it!



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If you login before ordering then your account details automatically populate the Checkout page. You can also see your order history and perform administration tasks.

To receive membership loyalty discounts you must logon before selecting items.

The Final Word

Managing your blood pressure is an important strategy to help achieve a healthy and old age, plus to get you through festive season excesses! The archive of our e-Newsletters can be found on the [NEWS](#) page of the website.

If you have any questions we are here to serve you

If you have any questions we are here to serve you. Rob and Dr Erica Lauder and team www.lifestylewines.co.nz

Toasting your health



Ph: 09 4452945 or send an email reply to this e-newsletter

That's it for November so if you have not already done so you can jump to the website by clicking on www.Lifestylewines.co.nz or go directly to the Heart Healthy wines by [> clicking here](#)