



e-Newsletter June 2009

Dear Customers

WIN \$200 of French Wines in June

All June purchasers will be in the draw to win a 6 pack from [Vignobles BruMont](#) - BruMont is TOP 10 in France.

Now that the transmission within our communities of the "swine flu" virus is occurring the topic of health is SO important, especially as it is winter. You will probably have noted the reports that its secondary infections and ailments that are the main cause of fatalities. **So read below what the doctor has to say about wine & health.**

Exceptionally high doses of cardiovascular health supporting procyanidin anti-oxidants, to fight cell destroying free-radicals, is what you will get with a daily glass of our heart healthy reds.

June French Special - SAVE \$29 on 6 pack of popular affordable French **SPECIAL Price \$117.00**



[Click here](#)

With styles and grapes uncommon in NZ this is a must try. You won't be disappointed in this selection from the dynamic South West of France.

Prices exclude courier charges

Click here for our [SPECIALS](#) page

- **If you enjoy a glass of wine - drink a healthy wine**
- *If you have not paid attention to the wine & heart health message before, [click here](#) to be convinced*
- **This is a strategy for the over 40s to protect your heart health - the 1st and most important step for a long and healthy life**
- *Make your wine dollars work for you*

If you have not experienced our [exceptionally HEART HEALTHY French red wines](#) before then now is the time. Our customer's testimonials support the research - LOWER BLOOD PRESSURE.

Live Better ... Live Longer

Jump to www.lifestylewines.co.nz for the

WORLDS MOST POTENT WINES THAT PROTECT AGAINST HEART DISEASE

Popular Special still on sale

Domaine Berthoumieu Showcase - 5 Madiran heart healthy reds & 1 sensational sweet white

SPECIAL \$185.30

[Click here](#)

Berthoumieu has won many awards - see the product details.



2 x premium Charles de Batz 2004 Madiran ♥♥♥♥♥
3 x Silver Medal Haute-Tradition 2004 Madiran ♥♥♥♥♥
1 x Symphonie d'Automne 2006 Pacherenc du Vic-Bilh - sweet white sensation

10% Discount Program

With Lifestylewines there is NO JOINING FEE and NO TIME LIMITS for our discount plan.

Join our regular purchaser program and receive 10% discount on every delivery. For your convenience we will ship an order as regularly as suits you and charge your credit card automatically. Either define your selection or discuss with us how we can deliver a varied selection each order that suits your budget. AND any other purchases you make will also be discounted. You can cancel or suspend the regular order at any time.

To see and print the subscription form [> click here](#)

If you have any questions just

What the doctor says about wine & health

The message in this item is reinforced by our exceptionally heart healthy red wines

Arthur Klatsky, M.D., is a senior consultant in cardiology and adjunct investigator at the Kaiser Permanente Medical Center in Oakland. He recently spoke to Wine Spectator who asked - What do you recommend to your patients who ask about wine drinking and health?

Dr Klatsky replied - The advice has to be individualized. It depends upon the individual's specific risks and benefits. For example, a 25-year-old woman who has no coronary disease risk factors and a healthy lifestyle is not going to benefit in the short term from small to moderate amounts of alcohol. But a 65-year-old man with a history of high blood pressure, high cholesterol and who used to be a smoker and never had a problem with alcohol should definitely be a light to moderate drinker. It is certainly appropriate to advise people at a relatively high risk of heart attack—which is most middle-aged to older people—that light to moderate amounts of alcohol should be a part of their healthy lifestyle, unless they have some special risk

Wise Woman

This quote will be of interest to those who have been around a while! I think it was said in wonderment, not in cynicism.



"Love at first sight is easy to understand; it's when two people have been looking at each other for a lifetime that it becomes a miracle."

Amy Bloom

American writer Amy Bloom, (born 1953) trained as a social worker. Bloom has practiced psychotherapy and is a lecturer of Creative Writing at the department of English at Yale University. She has also written for TV shows and prominent magazines. Amy has been nominated for the American National Book Award and the National Book Critics Circle Award. Bloom is divorced and has two daughters and a son.

The Final Word

Remember to spend you wine dollars carefully and avoid excessive consumption just because there are so many cheap deals. A glass a day is all that's required for good cardiovascular health, and be reassured you are helping to prolong your enjoyment of life on this earth.

If you have not tried our wines before please consider it. All are carefully selected from the best winemakers in the South West of France. We have a money back policy on any unopened wines if they don't suit you for any reason. Please also note our heart healthy reds are, because of the same wine making reasons, **tremendous food wines that will elevate your food and wine taste experiences.**

The archive of our e-Newsletters can be found on the [NEWS](#) page of the website.

If you have any questions we are here to serve you.
Rob and Dr Erica Lauder and team.

www.lifestylewines.co.nz

Toasting your health

Ph: 09 4452945 or send an email reply to this e-newsletter

That's it for this month so if you have not already done so you can jump to the website by clicking on www.Lifestylewines.co.nz or go directly to the Madiran wines by [> clicking here](#)



phone, fax or email us and we will call you back. Click here for [Contact Us](#) details.

Membership

When you purchase from Lifestylewines.co.nz your contact details are retained and you become a member. We do NOT retain any credit card details. To logon and view or maintain your membership details use your account code and password. If you login before ordering then your account details automatically populate the Checkout page. You can also see your order history and perform administration tasks.

To receive membership loyalty discounts you must logon before selecting items.

