



e-Newsletter September 2009

Dear Customers

This month -

- **Chapelle Lenclos well reviewed by NZ Herald - and on SALE**
- **ASPRIN warning for the "worried well"**
- **High blood pressure causes 50% of STROKES**
- **Lifestylewines exhibits at WINE NZ 2009**
- **Wise Woman quote**

If your a "worried well" then heed the warning issued about a daily preventative ASPRIN.

50% of STROKES are caused by high blood pressure.

So this month take advantage of the well reviewed premium Madiran, [Chapelle Lenclos 2002](#). It's a highly concentrated daily preventative against heart disease, high blood pressure, clotting and the effects of high bad LDL-cholesterol. Your heart is the centre of physical and emotional being. Your brain is the centre of consciousness and motor control. Its never too late improve heart and brain health.

In August Lifestylewines exhibited at **WINE NZ 2009**, NZ's premier annual trade wine show. There was a tremendous reception for the quality French reds and sweet whites from our premium SW France winemakers. We also met several winemakers who are trialling the Tannat grape and interested in our wine & health message.



Click for [SPECIALS](#) page

Health News

ASPRIN warning for the "worried well"

Healthy people who take aspirin to prevent a heart attack are doing themselves more harm than good, researchers have said.

Millions of people - including a substantial number of the "worried well" - take a daily dose of the drug in the belief it will keep them healthy. But British scientists said they have found that for healthy people taking aspirin does not significantly reduce the risk of a heart attack.

At the same time they found it almost doubles the risk of internal bleeding. This is another reason the proposed Polypill for the healthy over 50's is debatable. Click for the [NEWS](#) page

Chapelle Lenclos 2002

NZ Herald Viva says . . .
A great wine with power and concentration in its spicy, charry, juicy blackberry palate whose tannins have mellowed with maturity - classic vintage ageing beautifully. Rich, velvety, beautifully balanced with the fruit holding strong and softened tannins. We just love it. 100% Tannat from 25 yr old vines. This is seriously good Madiran and drinking so well with food. Good value - elsewhere \$50. Healthy heart rating ♥♥♥♥

\$32.00 GST incl

save \$6.60



[Click here](#)

10% Discount Program

With Lifestylewines there is NO JOINING FEE and NO TIME LIMITS for our discount plan.

Join our regular purchaser program and receive 10% discount on every delivery. For your convenience we will ship an order as regularly as suits you and charge your credit card automatically. Either define your selection or discuss with us how

High blood pressure causes 50% of STROKES

High blood pressure is a major cause of strokes. **One in five New Zealanders has high blood pressure, and a third of these don't know it.** Reducing your blood pressure can greatly reduce stroke risk.

So a daily glass of our extremely high concentration procyanidin antioxidant rich red wines is a proven strategy to fight heart disease. Just read our Blog.

Click for [10 Key Facts About Stroke in NZ](#)

BLOG - see our blog and contribute.

We really appreciate your comments on health, wine appreciation and our service.



If you have not experienced our [exceptionally HEART HEALTHY French red wines](#) before then now is the time. Our customer's testimonials support the research - LOWER BLOOD PRESSURE.

Live Better ... Live Longer

Jump to www.lifestylewines.co.nz for the

WORLDS MOST POTENT WINES THAT PROTECT AGAINST HEART DISEASE

Wise Woman Quote



"The history of men's opposition to women's emancipation is more interesting perhaps than the story of that emancipation itself." Virginia Woolf

Adeline Virginia Woolf (25 January 1882 – 28 March 1941) was an English novelist, essayist, epistler, publisher, feminist, and writer of short stories, regarded as one of the foremost modernist literary figures of the twentieth century.

The Final Word

It was a valuable attendance at Wine NZ 2009. We made new restaurant and retail contacts so expect to see our French wines in more of these establishments in future.

If you have not tried our wines before please consider it. All are carefully selected from the best winemakers in the South West of France. We have a money back policy on any unopened wines if they don't suit you for any reason. Please also note our heart healthy reds are, because of the same wine making reasons, **tremendous food wines that will elevate your food and wine taste experiences.**

The archive of our e-Newsletters can be found on the [NEWS](#) page of the website. If you have any questions we are here to serve you. Rob and Dr Erica Lauder and team.

www.lifestylewines.co.nz

Toasting your health

Ph: 09 4452945 or send an email reply to this e-newsletter

That's it for this month so if you have not already done so you can jump to the website by clicking on www.Lifestylewines.co.nz or go directly to the Madiran wines by [> clicking here](#)



we can deliver a varied selection each order that suits your budget. AND any other purchases you make will also be discounted. You can cancel or suspend the regular order at any time.

To see and print the subscription form [> click here](#)

If you have any questions just phone, fax or email us and we will call you back. Click here for [Contact Us](#) details.

Membership

When you purchase from Lifestylewines.co.nz your contact details are retained and you become a member. We do NOT retain any credit card details. To logon and view or maintain your membership details use your account code and password. If you login before ordering then your account details automatically populate the Checkout page. You can also see your order history and perform administration tasks.

To receive membership loyalty discounts you must logon before selecting items.



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